The rating scale below is designed to measure the degree to which several aspects of your life are presently disrupted by your health condition. In other words, we would like to know how much your health condition (pain and/ or symptoms you may be experiencing) is preventing you from what you would normally do, or from doing it as well as you normally would. Respond to each category by indicating the overall impact of pain in your life, not just when the pain is at its worst.

For each of the six categories of daily living listed, PLEASE INDICATE THE NUMBER WHICH BEST DESCRIBES YOUR TYPICAL LEVEL OF FUNCTIONING. 0 means no disability at all, and a score of 10 means that all of the activities in which you would normally be involved have been totally disrupted or prevented by your health condition (pain and/ or symptoms you may be experiencing).

0 1 2 3 4 5 6 7 8 9 10

Completely able to function — Totally unable to function

1. FAMILY/ HOME RESPONSIBILITIES: Activities related to the home or family including chores and duties performed around the house (yard work, doing dishes, errands, favors for other family members, driving children to school, etc.). _____

2. RECREATION: Hobbies, sports, and other similar leisure time activities. _____

3. SOCIAL ACTIVITY: Activities which involve participation with friends and acquaintances, other than family members, including parties, theater, concerts, dining out, and other social functions. _____

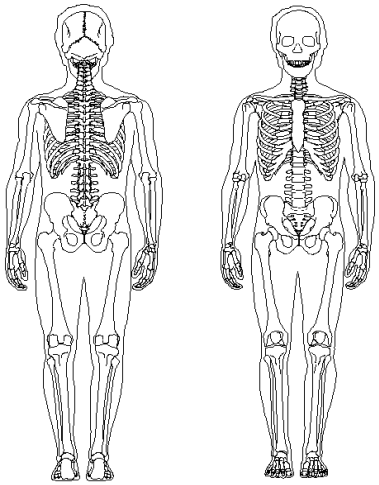
4. OCCUPATION: Activities that are a part of or directly related to one's job, including nonpaying jobs as well (such as that of a homemaker or volunteer worker). _____

5. SELF CARE: Activities which involve personal maintenance and independent daily living (taking a shower, driving, getting dressed, etc.). _____

6. LIFE SUPPORT ACTIVITIES: Basic life supporting behaviors such as eating, sleeping, and breathing. _____

If you are experiencing any health problems, please mark the exact location of your pain on the diagram below. Also describe the type and frequency of your pain. For example, dull, sharp, constant, off and on, when standing, sitting, walking, etc.

COMPLETE THESE DIAGRAMS



NOTICE: NOT ALL PATIENTS REQUIRE X-RAYS TO DETERMINE TYPE OF CARE AND LENGTH OF CARE. IF YOUR EXAMINATION WARRANTS X-RAY ANALYSIS, THE FOLLOWING OFFICE POLICY PREVAILS:

1. **All first visit charges are payable when services are rendered.**
2. **The fee paid for x-rays is for analysis only. California State Law requires we maintain your x-rays. The film itself is the property of this office. Films may be loaned to another facility with authorization only.**

Patient's Signature_____**Date**_____